

Path to A High Performance Health System: A 2020 Vision and How to Get There

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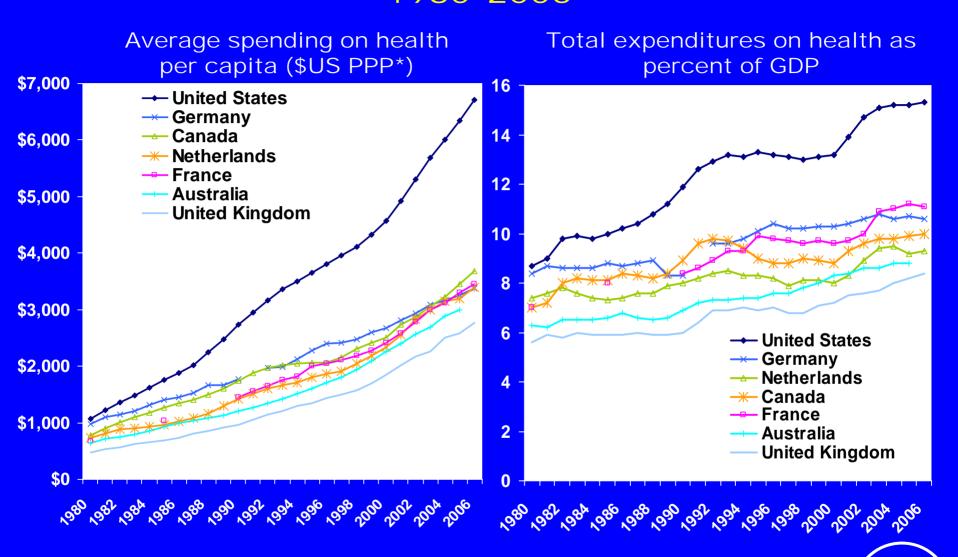
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Need for New Directions - 2020 Vision

- Can't afford to continue on current path
 - Rising numbers of uninsured and underinsured
 - U.S. National Health Spending projected to double, increase to \$5.2 trillion, 21% GDP by 2020
 - Poor performance: wide variations in quality, efficiency, and often low performance
- A 2020 Vision of a High Performance Health System
 - Triple Aim: better health outcomes, better patient experiences, high value with slower cost growth
 - Patient-centered, accessible, well-coordinated and high quality health care delivery system
 - Focus on health, disease prevention, and value
 - Continuous learning, innovation



International Comparison of Spending on Health, 1980–2006

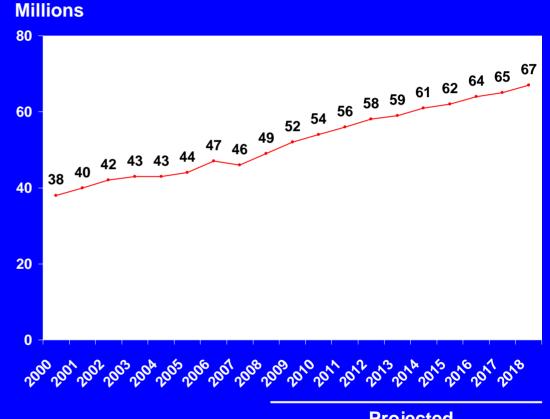




Increase in Numbers Uninsured and Underinsured

Number of Uninsured, 2000-2018

- Rising numbers of uninsured projected to continue
- 25 million adults underinsured in 2007, 60 percent increase since 2003
- Two of five adults either uninsured or underinsured



Projected

Source: EBRI analysis of 2001–2009 Census CPS March Supplements; Burman et al., Analysis of 2008 Presidential Candidates' Plans August 2008, Urban Institute and Brookings Tax Policy Center, 2008; Schoen et al., "How Many Are Underinsured? Trends Among U.S. Adults, 2003 and 2007," *Health Affairs* June 10, 2008.



Triple Aim Requires Integrated Policies

- Comprehensive "system" approach to improve health, experiences, and value is necessary
- Integrated set of policies:
 - Insurance reforms to extend coverage to all to ensure access and provide foundation for reforms
 - Payment reforms to stimulate high value, accountable, efficient care systems
 - Support and incentives for value not volume
 - System reforms to invest in infrastructure for innovation and to prevent disease, promote population health
- Dynamic path to high performance and value/

Path to High Performance: Key Strategies

- Common limits by the United States

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- Affordable coverage for all: foundation for payment and system reforms
- Align incentives to enhance value: payment reform
 - Primary care and spread of "medical homes"
 - Move from fee-for-service to more bundled payment, with accountability
 - Align pricing signals to focus on value
- Aim high to improve quality and health outcomes
 - Information: health information technology; Center for Comparative Effectiveness; all-population data
 - Chronic disease and population health initiatives
- Accountable, patient-centered, coordinated care
- Leadership and collaboration



Achieving Universal Coverage: A "Building Blocks" Approach

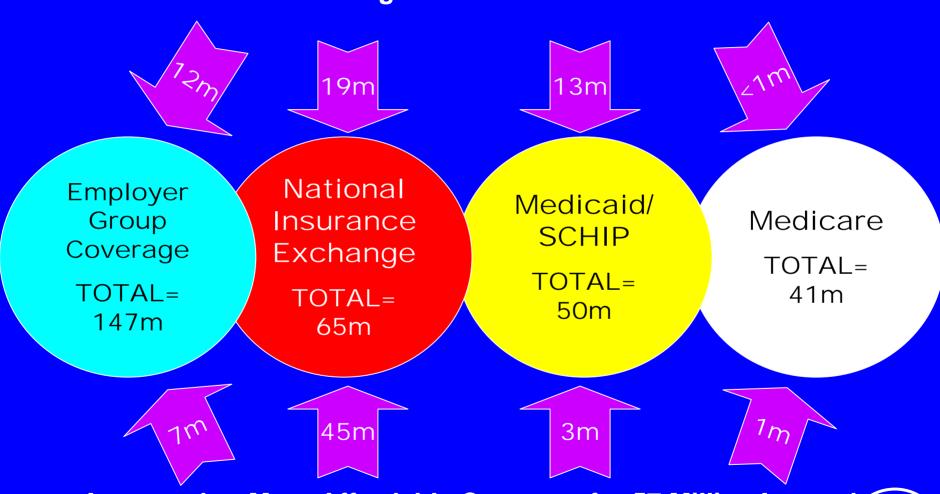
- Build on public programs and employer coverage
- New national insurance exchange: offers private plans and new Medicare-sponsored public plan option
 - Public plan: revised benefits and payment methods
 - Low administrative overhead
- All required to have coverage with affordability
 - Low income programs expanded
 - Income-related premium assistance
- Shared responsibility for financing
- Insurance market reforms
 - Guaranteed issue, renewal and community rating
 - Public comparisons; standardized format
- Insurers compete on basis of value-added



Source: C. Schoen, K. Davis, and S. R. Collins, "Building Blocks for Reform: Achieving Universal Coverage with Private and Public Group Health Insurance," *Health Affairs*, May/June 2008.

High Performance System Foundation: Automatic and Affordable Health Insurance For All in 2010

New Coverage for 45 Million Uninsured



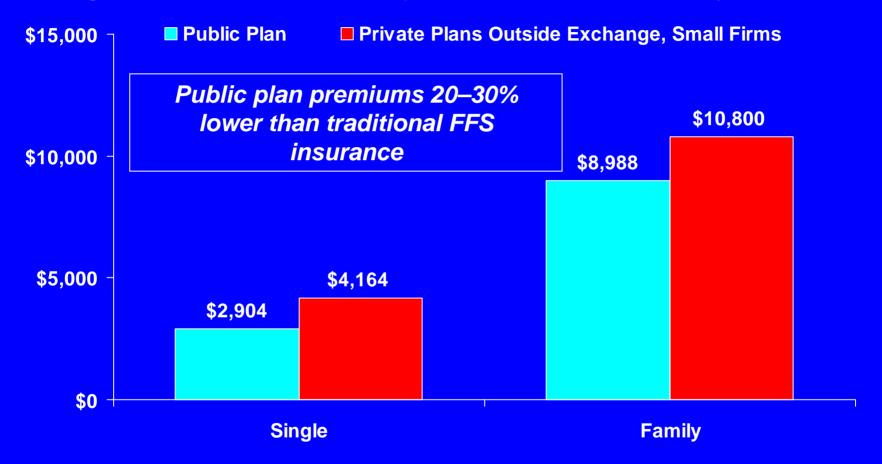
Improved or More Affordable Coverage for 57 Million Insured

Data: Preliminary estimates by The Lewin Group if national exchange available to individuals and small firms. Source: *Path to a High Performance Health System: A 2020 Vision and the Policies to Pave the Way*, February 2009.

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Estimated Premiums for New Public Plan Compared to Average Individual/Small Employer Private Market, 2010

Average Annual Premium 2010 for Equivalent Benefits at Community Rate*



^{*} Benefits modeled: Full coverage preventive care; \$250 individual/\$500 family deductible; 10% coinsurance for physician; RX: no deductible, 25% coinsurance -reduced for high-value; \$5,000 individual/\$7,000 family OOP limit. Data: Preliminary estimates by The Lewin Group for The Commonwealth Fund.

Source: Path to a High Performance Health System: A 2020 Vision and Policies to Pave the Way, forthcoming 2/19/09.



Policies to Slow Cost Growth and Improve Value

Cumulative 10-Year Savings, 2008–2017:

Aligning Incentives with Quality and Efficiency

- Strengthening Primary Care and Care Coordination
- Episode-of-Care Payment



-\$194 billion

-\$229 billion

Correcting Price Signals in the Health Care Market

- Reset Benchmarks for Medicare Advantage Plans -\$50 billion
- Negotiated Prescription Drug Prices -\$43 billion
- Limit Payment Updates in High-Cost Areas -\$158 billion

Producing and Using Better Information

- Promoting Health Information Technology -\$88 billion
- Center for Medical Effectiveness -\$368 billion

Promoting Health and Disease Prevention

- Public Health: Reducing Tobacco Use
- Public Health: Reducing Obesity

-\$191 billion

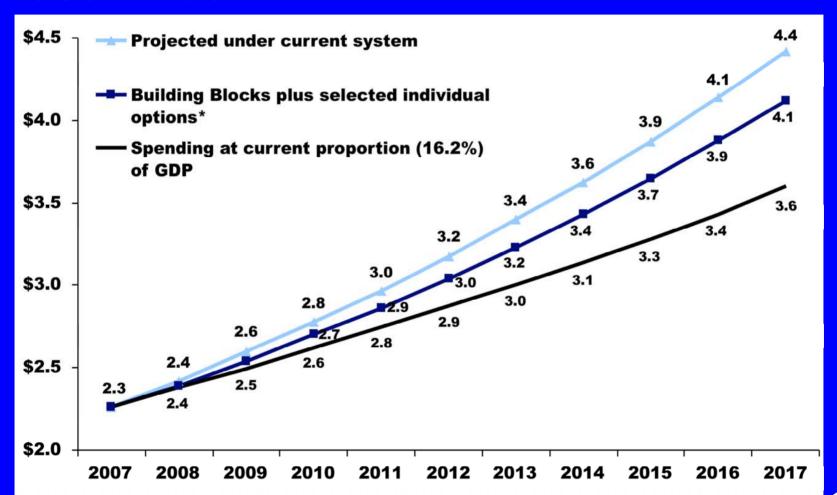
-\$283 billion



Source: C. Schoen et al., Bending the Curve: Options for Achieving Savings and Improving Value in U.S. Health Spending, The Commonwealth Fund, December 2007.

Total National Health Expenditures, 2008–2017 Projected and Various Scenarios

Dollars in trillions

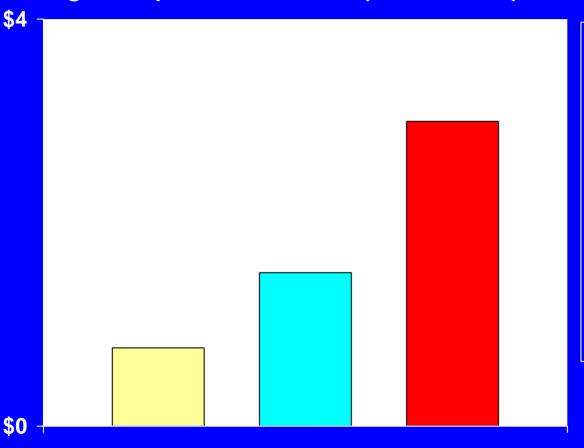


^{*} Selected individual options include improved information, payment reform, and public health. Source: C. Schoen et al., *Bending the Curve: Options for Achieving Savings and Improving Value in U.S. Health Spending*, The Commonwealth Fund, December 2007.



Three Insurance Exchange Scenarios: 2010–2020 ¹² Cumulative 11-Year Savings in National Expenditures

Cumulative National Health Expenditures 2010–2020 Savings Compared to Baseline (in \$ Trillions)



- No public plan option all other policies the same
- Public plan option, individuals and small employers only
- Public plan option, include all employers by year 5

Data: Preliminary estimates by The Lewin Group for The Commonwealth Fund. Source: *Path to a High Performance Health System: A 2020 Vision and the Policies to Pave the Way*, forthcoming Feb.19, 2009.



Taking the Path to High Performance

- It is possible to insure everyone and achieve better health outcomes with slower cost growth
- An integrated approach with bold policies offers potential for major gains
 - Coherent policies interact to support innovation
 - Investing in information supports payment, insurance, and care delivery system reforms
 - Savings could offset federal costs
- Leadership will be critical
 - Effective coverage and payment reforms will require shifts from the status quo
 - We need leadership with authority to act, goals and collaboration across public/private sectors
- Urgent to start now to put the U.S. on a path to a high performance, high-value health system
 - The stakes are high if we fail to act

Aiming High To Improve Access, Health and Economic Security

Coverage + payment + system reforms could pave way to a 2020 Vision of A High Performance Health System



Path to A High Performance U.S. Health System: A 2020 Vision and the Policies to Pave the Way, forthcoming February 19, 2009



Thank You!



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